



WOODFORD COUNTY  
LIBRARY

# ***REFIT DANCE FITNESS***



***Wed. February 25 | 6 - 7PM***

***Midway Branch, 400 Northside Dr, Midway.***

***(Adults, Teens 12-18) Grab a friend or neighbor and join us for this dance-themed exercise. In just thirty minutes, you'll relieve stress and enjoy moving to the music. Wear tennis shoes and bring a water bottle.***

***Please RSVP for this program***



Woodford County Library

[www.woodfordcountylibrary.org](http://www.woodfordcountylibrary.org)

**Got Any Questions?**

**Please Call (859) 846-4014**

