



REFIT DANCE FITNESS



**Wed. February 25 | 6 - 7PM
Midway Branch, 400 Northside Dr, Midway.**

(Adults, Teens 12-18) Grab a friend or neighbor and join us for this dance-themed exercise. In just thirty minutes, you'll relieve stress and enjoy moving to the music. Wear tennis shoes and bring a water bottle.

Please RSVP for this program



**Woodford County Library
www.woodfordcountylibrary.org**

**Got Any Questions?
Please Call (859) 846-4014**

